

Herb or Plant Name	Scientific Name	Plant Type	Shamanic Uses / Medicinal Benefits
Brugmansia*	<i>Brugmansia genus</i>	Tree	Antiinflammatory, analgesic, entheogen (sometimes called datura or toé, a relative)
Cacao	<i>Theobroma cacao</i>	Tree	Antioxidant, lowers blood pressure, grounding
Chakruna♦	<i>Psychotria viridis</i>	Vine	Opens third eye, entheogen, visionary
Clavohuasca♦	<i>Tynanthus panurensis</i>	Vine	For sexual strength, settles the stomach
Imburana, amburana	<i>Commiphora leptophloeos</i>	Tree	Relaxation, feminine balance
Inga, shambillo	<i>Inga edulis</i>	Tree	For sexual strength
Kapaxanba	Unknown	Herb	Headaches
Lourinho	Unkonwn	Herb	Treats headaches, opens the nasal passages
Mocambo	<i>Theobroma bicolor</i>	Tree	Antioxidant, relative to cacao
Mulateiro♦	<i>Calycophyllum spruceanum</i>	Tree	Antifungal, antibacterial, increases focus
Mulatinha	Unknown	Herb	Calms the nerves
Muña	<i>Minthostachys mollis</i>	Herb	Digestion, respiratory, skincare
Murici	<i>Byrsonima crassifolia</i>	Tree	Focus and power, clears energies in lower abdomen
Nutmeg*	<i>Myristica fragrans</i>	Herb	Digestive, brain health, visionary
Pau pereira, Cinza, Parika	<i>Platycyamus regnellii</i>	Tree	Antibacterial
San Pedro♦	<i>Echinopsis pachanoi</i>	Cactus	Heart opening, entheogen, visionary
Sapota	<i>Pouteria caimito</i>	Tree	Anti-inflammatory, relieves fevers
Tipy	Unknown	Herb	Meditation, spiritually cleansing
Tonka Bean, Cumaru*	<i>Dipteryx odorata</i>	Tree	Antibacterial, uplifting, and refreshing
Trevo Cumaru	<i>Justicia pectoralis</i>	Herb	Increases absorption of other snuff ingredients, eases respiratory problems
Tsunu♦	<i>Platycyamus regnellii</i>	Tree	Balances feminine energy, grounding, focus
Yopo♦	<i>Anadenantherera peregrina</i>	Tree	Opens third eye, entheogen, visionary

* Can be poisonous at certain doses

♦Commonly used in conjunction with ayahuasca ceremonies